

# NoviSkin

INTELLIGENT SKIN HEALTH AND BEAUTY

## AQ GFIT HAIR treatments: Advanced Hair complex+

**What is GFIT?** Growth factor induced therapy: The topical applications of AQ skin solutions after Aesthetic procedures.

**GFIT hair restoration:** Restoring healthy hair growth cycles, activate dormant hair follicles and restore optimum scalp health and hair growth.

### About Growth Factors

**Growth factors are a group of proteins that stimulate the growth of specific tissues in the body. Growth factors play an important role in promoting cellular differentiation and cell division for all types of cells in the body!**

They are naturally found in the body, produced by the fibroblast which is a structure found in the skin, and production unfortunately declines with age, sickness, lifestyle etc.

AQ Skin solutions Growth Factors regenerates to each individual's highest genetic potential, by using between 150 and 200 different growth factor families in the correct combination and percentage, specifically aimed at Skin rejuvenation, Hair restoration and Vaginal Health/rejuvenation.

### Causes of hair loss:

A build-up of hormones and loss of nutrients can cause the follicle to harden and thin – which may lead to the thinning and shrinking of the hair shaft.

Eventually, the hair can no longer grow out of the scalp, causing the scalp to become exposed. The hair loss then spreads, leading to male or female-pattern baldness.

When hair follicles are still present, even in a dormant state, it is possible to prevent and reverse hair loss.

### Indications:

Hair loss after pregnancy  
Male and female pattern baldness  
Traction alopecia

### Factors influencing hair loss:

- Genetics
- Hormonal changes
- Stress
- Illness
- Auto-immune disease
- Certain drugs
- Malnutrition
- Environmental factors

### Usage/treatment will: Targeting the Root!

Improved hair quality by improving and restoring the health of each hair follicle  
Improved hair quantity  
Improved hair texture  
Improved and healthy growth cycles

**The Treatment: (in clinic)** 0.75mm – 1.1mm Derma stamp (a handheld device with 140 small titanium needles) or micro pen is used to create channels into the scalp for growth factor delivery. AQ Hair Complex plus is applied.

5 treatments, 1 week apart x 2 with a resting period of 5 weeks in between. 15 minute treatment, no downtime.

### AQ Hair Complex:



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The AQ Hair Complex is used for GFIT (Growth Factor Induced Therapy) treatments of the scalp. It is a pharmaceutical grade, hormone free growth factor formula that is safe for men and women. It is designed to nourish the follicle, deliver growth factors and nutrition to the scalp, and restore damaged follicles by promoting increased circulation. The result is improved hair quality, texture and growth cycles

### **The Home treatment:**

Use AQ Hair Complex after GFIT at home as per your AQ certified practitioner advice (1ml every second night, massaged for 10 minutes, in between weekly treatments)

The AQ Advanced Hair Complex can be used as regular treatment for hair loss without the treatment in clinic, by using the product at home. 1ml to be used every second night by massaging it into the scalp.

### **Frequently asked questions:**

#### **What will happen with consultation?**

Prior to your treatment, we will do a full medical history and consultation to confirm suitability for the treatment. You will be asked to sign a consent form and complete a consultation form and tick-list. The procedure will be explained to you. During this time, you are welcome to ask any questions you may have. You will be provided with verbal or written after care instructions. We will make a recommendation for home care to further enhance your results.

#### **What does the treatment entail?**

A Derma Stamp is a handheld stamp device with 140 tiny needles to penetrate the skin of your scalp at a precise level on bald/balding areas. This creates micro injuries that trigger your skin's self-healing process into creating new collagen and restoring damaged skin tissues. The Derma Stamp is combined with multi-award winning AQ Hair Complex. (Growth Factor Induction Therapy)

#### **What should I do before the treatment?**

Wash and dry your hair as usual!

#### **What results can I expect?**

Most patients notice a visible growth after the first 5 session. Full effect may take up to three months (15 weeks) due to the Growth Factor Induction Therapy that stimulates healthy follicle conditions, promoting thickness and growth.

#### **How many treatment sessions do you recommend?**

A course of 5 treatments, once a week is recommended x 2 with 5 weeks in-between. Once you have completed your initial 10 x treatment course, you will benefit from having occasional follow-up treatments to maintain the results.

#### **Is AQ GFIT Hair painful?**

The treatment is well tolerated. We normally don't use a topical numbing agent.

#### **Will I need pain pills afterward?**

There is typically minimal to no tenderness after the treatment. Typically patients don't need post-treatment medications.

#### **Can I use the serum by itself without Derma-stamping?**

YES, it has a dual functionality meaning the serum can be used by itself also – although better and quicker results with Derma stamping.

#### **Can I colour my hair still?**

Hair colouring should be avoided during each 5 week course.

#### **What should I expect and do after a treatment?**

Patients should be vigilant with their homecare product usage. The result is definitely effected by patient compliance.

- Do not wash or touch the scalp for 24 hours following your treatment
- Avoid the application of any products following the treatment for 24 hours.

(Use a non-stimulating, sulphate free shampoo and conditioner)